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How to Use This Book

This book is divided up into three sections:

Section 1: Welcome & How to Use This Book

Section 2: Preschool Notebook to Print

Section 3: Additional Resources

You are currently reading in Section 1. This section I have dedicated to explaining how to use Sections 2 and 3 of this book; Section 2 is the actual Preschool Notebook that you will want to print for your preschooler; and Section 3 has some additional resources you may want to use.

Before I move on to the instructions, I wanted to just encourage you to really enjoy these younger years! Probably the best thing you can do with your children is read, read, READ!!! Children enjoy those times snuggled up with good books...so PLEASE include many good books to read with your preschooler as well. Nothing can instill a love for learning in your child better than lots of reading. So...grab this Preschool Notebook and some good books and snuggle up together for some fun reading! Then go to the Recipes For Fun & Learning (at the end of this ebook) for some fun activities to do together!

Ok...I will move on now to giving you some instructions on how to use Sections 2 and 3...

Section 2: Preschool Notebook to Print

This section contains all the pages that you will want to print for your child's Preschool Notebook. You may print all of them, or choose a few at a time from each different learning topic. You decide what would be best for your child. I would recommend printing the pages on white card-stock paper and then placing them in sheet protectors in a 3-ring notebook. You can print all single-sided or print double-sided to save on paper. The card-stock paper will provide a sturdy page that can be handled by your young children without getting easily wrinkled and bent. I have provided divider pages for each different learning topic. Simply attach to the sheet protector holding the divider page a tab with the topic written or typed on it. You can buy divider tabs that you simply peel off a tape and stick the tab to the edge of your page - making your own divider tabs. You may also decide to not use tabs at all, making the notebook feel more like a book to just be read through. Again, you decide how you want to put this notebook together!

Below I will explain each of the different topics and the pages that are included in each.

I Can Learn to Be More Like Jesus!

Character Training Pages - You can use the pages I have provided or make up your own. These character training pages will cover different things you are working on with your child. I put the page on Obedience first, because I feel that at this age obedience should be the primary character issue worked on. If your child has not learned to obey you, then that should be your main focus for the year!

Bible Verses to Read Aloud - I have included Bible verse pages from one of my ebooks, *Children..Come Unto Me!* This is just a compilation of verses that are meaningful for children. Simply read aloud these verses together and watch how much they memorize!

ABC verses - This is just a fun list of ABC verses you can use, if you wish, for memorization.

I Can Learn My Letters and Sounds!

Alphabet Pages - I have provided pages for each letter of the alphabet. Each page includes upper and lower case letters, the sounds the letter makes, and a place where your child could practice writing the letter. You may want to simply have your child trace the letters with his fingers at first. If you feel they are ready for writing, then have them use washable markers to practice right on the sheet protectors! Just wash off with a damp paper towel when they are done.

I recently purchased an ebook called *Alphabet Tales* from Child 1st Publications. Instead of beginning by using the letter pages I have included in this ebook, I am going to first use this ebook for helping my preschooler learn his letters and sounds. *Alphabet Tales* is a book of stories for each letter of the alphabet. The book can simply be read through with your preschooler over and over. My son has really enjoyed the stories and it is helping him recognize the letters and eventually the sounds they make as well. If this sounds interesting to you, click on this link: <http://tinyurl.com/2tecuf> to go to their website. You can see a sample as well. This is just another option I wanted to share for those that like the idea of a more informal approach to learning the letters and sounds.

I Can Learn About Colors, Shapes and Sizes!

Colors / Shapes / Big & Little / Long & Short / Matching - These are all pages to help your child learn their colors, shapes, and sizes. Just read through them with your child.

I Can Learn My Numbers:

Number Pages: 1-10 / Empty & Full / Numbers on the Clock / More & Less / Numbers on the Calendar / Important Numbers: 9-1-1 - These are all pages to help your child learn their numbers from 1-10, learn about quantity, recognizing numbers on a clock and calendar, and learning what number to call on the telephone if there is an emergency.

I Can Learn All About Me and My Family

My Name Is... / My Birthday Is On... / My Address Is... / My Telephone Number Is... - These pages are for filling in information about your child...helping them memorize their birthday, address, and telephone number.

Left & Right - Have your child place his hands on the hands on the page...then ask him which is his right hand and which is his left.

My Body - Just read this page together and then quiz your child to see what he knows!

My Daddy / My Mommy / My Brother / My Sister / My Grandpa & Grandma / My Uncle & Aunt - Place pictures of family members in the frame, then write names on the lines at the bottom.

I Can Learn All About the Year

Seasons of the Year - These pages include short descriptions of each season, as well as a page for your child to practice writing the names of the seasons.

Months of the Year - Each month has its own page so that your child can practice writing the names of the months.

Days of the Week - Each day of the week has its own page so that your child can practice writing the names of the days.

I Can Learn to Write

NOTE: This section is optional, depending on if your child is ready to learn to write. You will probably just want to print this section on regular copy paper and not place in sheet-protectors.

ABC Coloring Pages - Pages are provided for each letter of the alphabet. Your child can practice writing each letter and then coloring the picture!

Alphabet Chart & Writing Practice - This is a simple chart of the alphabet and writing practice pages.

Number Chart & Writing Practice - This is a simple chart of numbers from 1-20 and writing practice pages.

My Bible Copy Work - I included one of my ebooks for your beginning writer! Have your child copy the paraphrased Bible verses and then color a picture following the directions.

SECTION 3: ADDITIONAL RESOURCES

ABC Flashcards & Instructions - I have included flashcards of the uppercase and lowercase letters of the alphabet, along with some game ideas for how to use them. Enjoy these for some extra "hands on" activities!

Recipes for Fun & Learning - A long time ago I found this list of recipes and it is a true treasure! Find everything from recipes to make playdough, clay, bubbles, paints, as well as instructions for gift ideas and much more! Have FUN with your preschooler!

My Preschool Notebook



Name: _____

My Preschool Notebook



Name: _____

When Mommy or Daddy says,
"Come to Mommy" or
"Come to Daddy"



I need to say,
"Coming, Mommy" or
"Coming, Daddy"
**AND THEN GO TO
MOMMY OR DADDY!**



I can do all things
through Christ
which strengtheneth
me.

Philippians 4:13

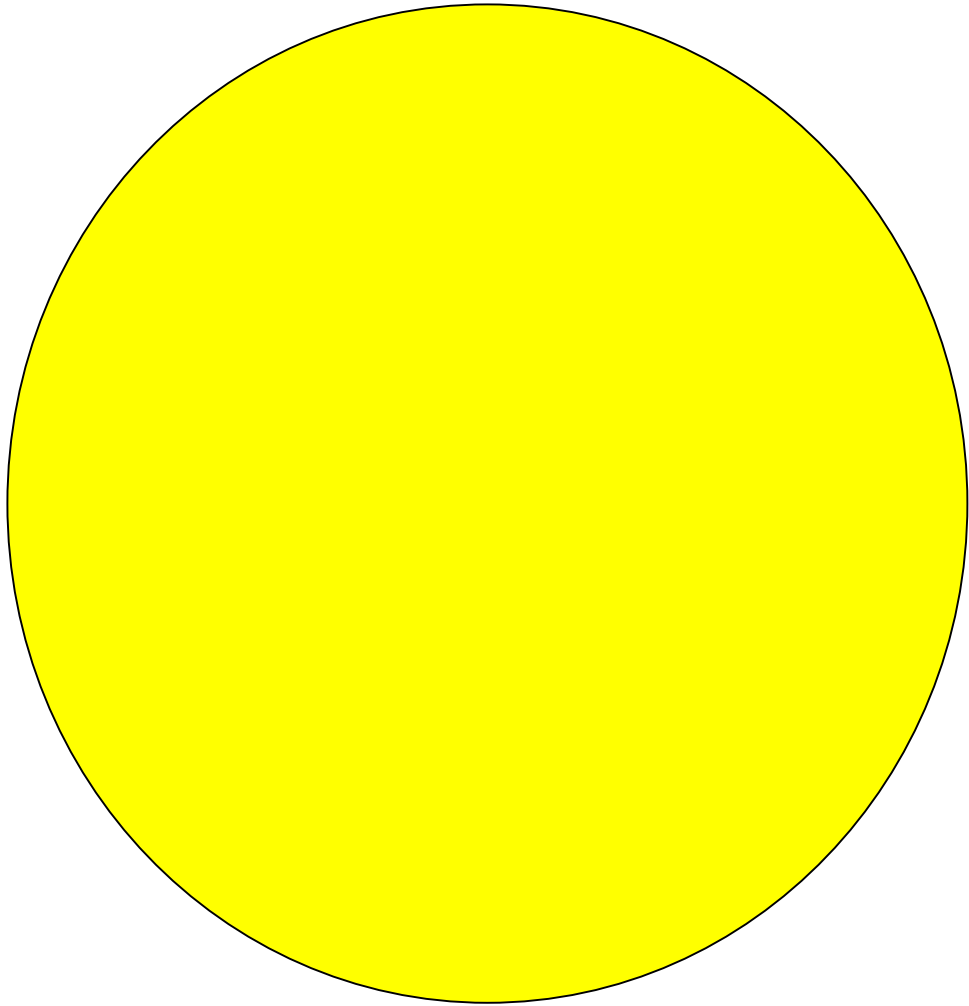


/ Dd / has 1 sound that it makes.

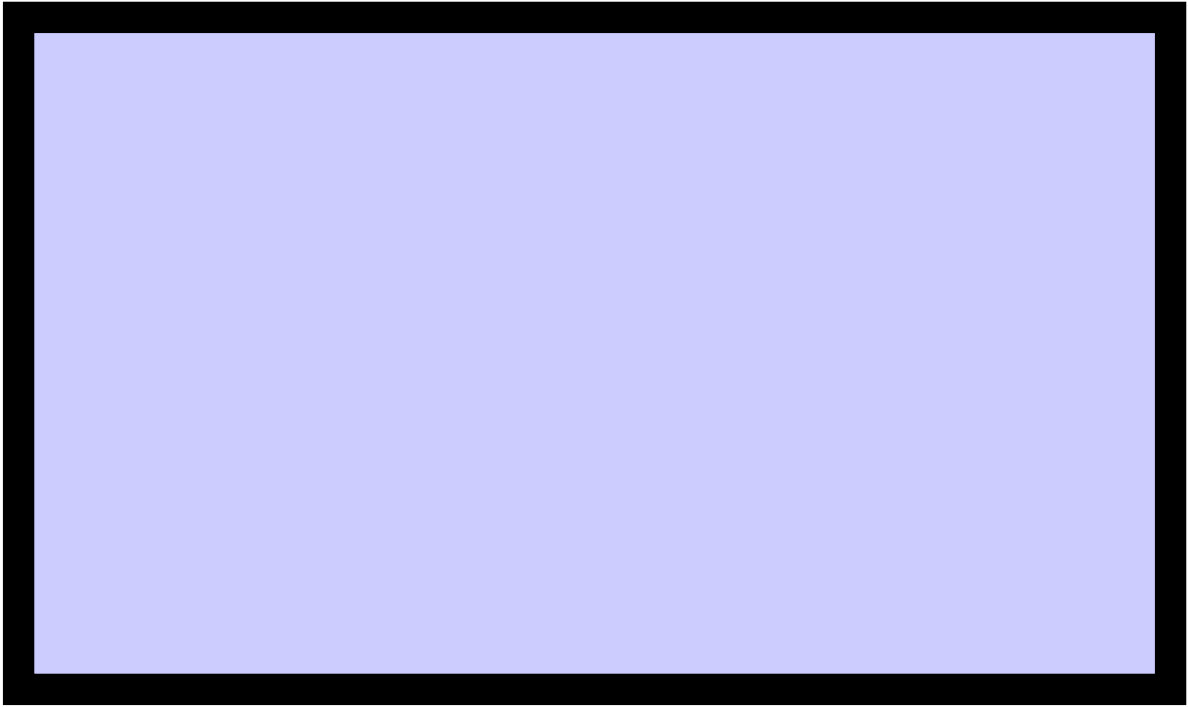
d as in drum

D

d



YELLOW



RECTANGLE

Long & Short



Which line is the longest? Which one is the shortest?

4

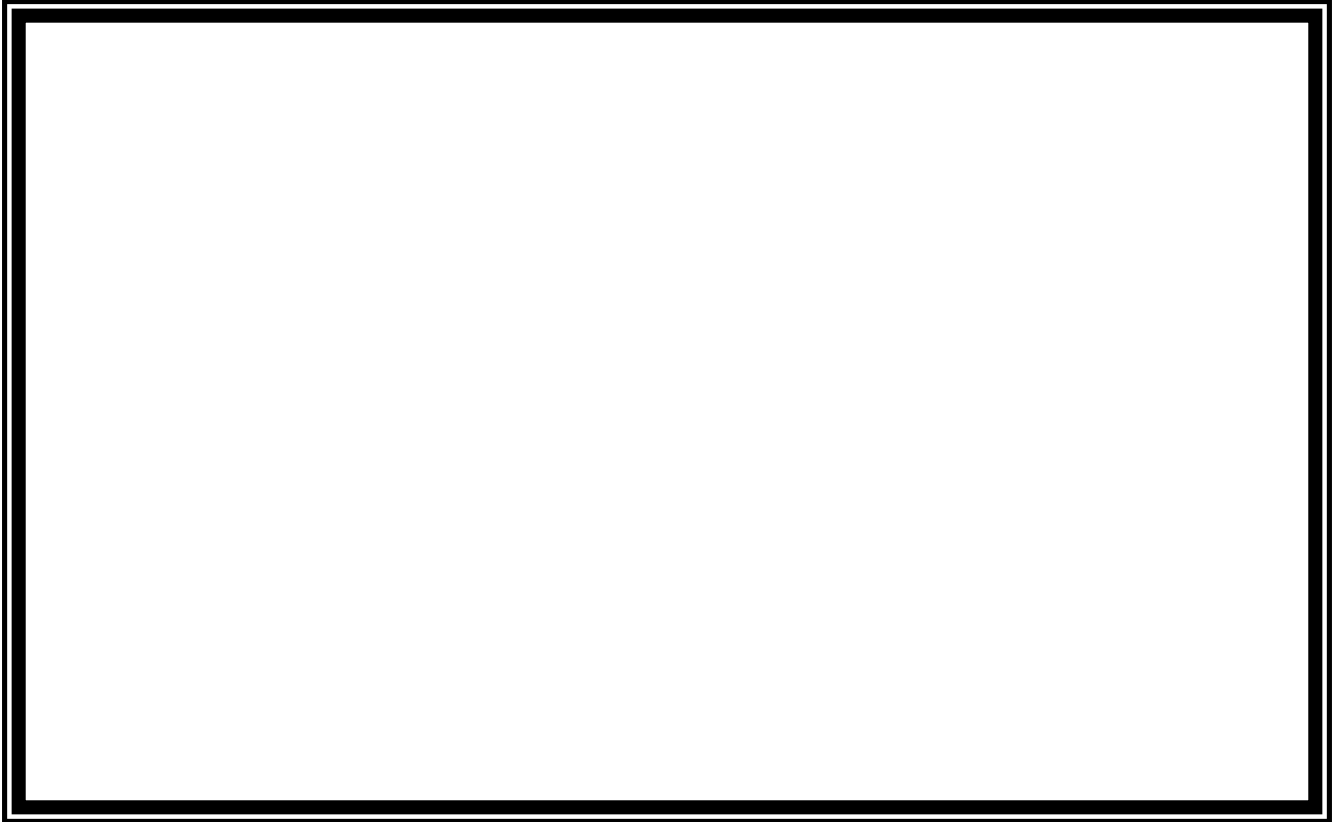


horses

My birthday is
on:



My Grandpa & Grandma



The 4 Seasons



During the Spring, the air is warm. The trees and grass are bright green and flowers are in full bloom! It often rains a lot during the Spring...making everything pretty and green.

What is Spring like where you live?

The 12 Months



Practice writing or tracing with your finger
the months of the year!

February

Blank handwriting lines for practice, consisting of a solid top line, a dashed middle line, and a solid bottom line.

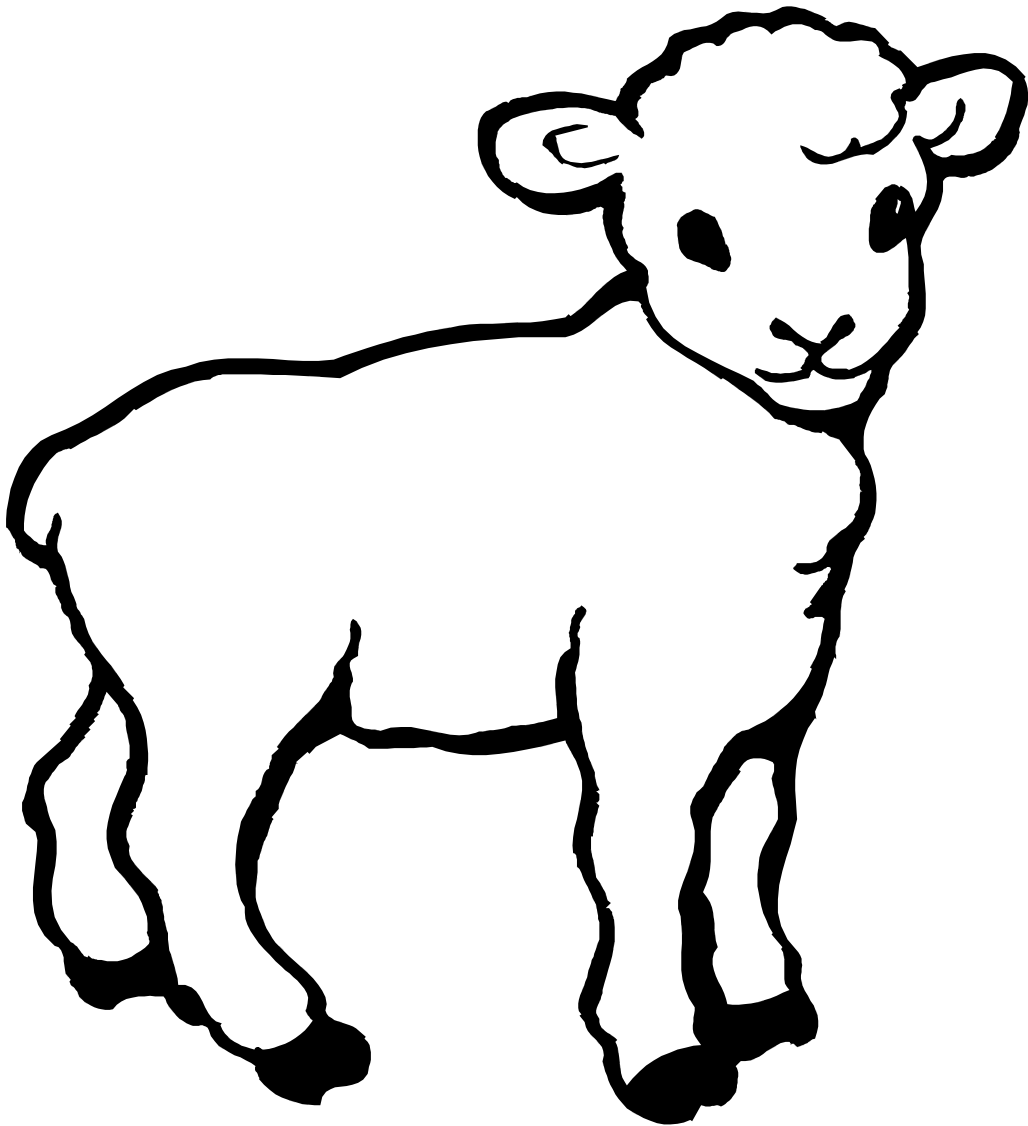
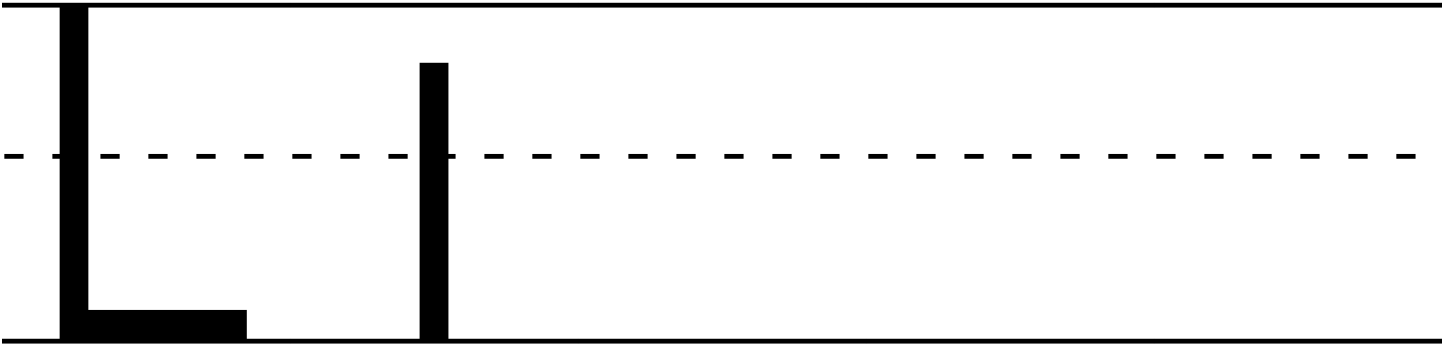
Days of the week



Practice writing or tracing with your finger
the day of the week!

Monday

Blank handwriting lines for practice, consisting of a solid top line, a dashed middle line, and a solid bottom line.



Lamb

1 John 4:7

Love one another.

Draw a picture of you showing love toward someone else:

G

g

H

h

3. Cornstarch Mix

Put 1/2 C Cornstarch in a small bowl (a small margarine tub works well). Give each child a small container containing 1/4 cup of water. Then mix in a teaspoon at a time noticing the changes each time. It is an amazing sensory experience.

4. Drizzle Goo

1 Cup Flour; 1/4 Cup Sugar; 1/4 Cup Salt; 3/4 Cup Water; Food coloring
Mix all together and put in squeeze bottle. Drizzle on paper.

5. Dryer Lint Clay

2 Cups Dryer Lint (firmly packed); 1/3 Cup Warm water; 6 Tbsp. White glue; 1 Tbsp. Clear dishwashing liquid
Tear the lint up into little bits. Mix everything in a bowl and knead until workable. Make things. Let them dry for several days.

6. Edible Clay

1/2 Cup Light corn syrup; 3/4 Cup Peanut butter; 1/2 Cup Soft margarine; 1/2 tsp. Salt; 1 tsp. Vanilla; 1 Cup Sugar; 1 Cup Flour
Mix ingredients well and knead until smooth - then play.

7. Flubber

Solution A:

1 1/2 Cups Warm Water; 2 Cups Elmers Glue; Food Coloring

Solution B:

4 tsp. Borax; 1 1/3 Cups Warm water

Mix Solution A in one bowl. Mix Solution B in another bowl. Dissolve both well. Then just pour Solution A into Solution B. DO NOT MIX OR STIR! Just lift out flubber.

I made this with my daughter's class, and the teacher & children loved it! It's neater than "Gak" or "slime". And it also a safe chemical reaction for the kids to see. I used a glass bowl for solution B so the kids could see the flubber form in the bowl. It just becomes a big "cloud" of rubbery stuff. Store in baggies. If you half the recipe, you only need to half the solution A and it will work the same.

8. Fruity Putty

3 oz pkg. Sugar free fruit flavored gelatin; 2 Cups Flour; 1 Cup Salt; 4 Tbsp. Cream of Tartar; 2 Cups Boiling water; 2 Tbsp. Cooking Oil
Mix dry ingredients in saucepan. Add the boiling water and oil. Stir over medium heat until mixture forms a ball. Dump on wax paper. Cut the fruit picture from the box & glue it to the lid you use to store it in.

9. GAK--some people call it GLARCH (This resembles Nickelodeon "GAK")

You can make it white and the kids can color it with markers. It's a surefire rainy-day hit! You can also color it with food coloring and cut it with scissors, etc. When colored with markers, it quickly turns slate-gray/brown, but it's cheap and easy to make another batch.
2 Cups White glue; 1 1/2 Cups Water at room temperature; 1 Cup Hot water; 2 1/2 Tbsp. Borax

Thoroughly blend glue and room temperature water. In larger bowl, combine hot water and Borax, stirring until Borax is dissolved. Slowly pour glue mixture into Borax mixture, stirring constantly. Turn out and knead until it isn't sticky anymore. Will keep for weeks in a tightly covered container in the fridge.