

# Intentional Inspirations

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**November 7, 2015**

Dear Friends,

How has your week gone? It seems like this week just flew by, but that was probably because it was a bit busy. My father-in-law went into the hospital (with an infection) last weekend and so I took trips to the hospital a couple days this week.

I enjoyed recording another video and in it shared a new project I am working on! I am really excited about it! Check out the blog post below and watch the video to find out what it is! I hope you have been enjoying these videos. If you want to be sent an extra reminder 30 minutes before I go "live" with a new video, just [click here](#) and you'll be added to the list!

Hope you had a good week! Now let's dig into this week's Inspirations!

## 1. Enter this THM Giveaway today!

My friend, Sarah, from Mrs. Criddle's Kitchen, is hosting a huge THM giveaway! She is giving away a package of Trim Healthy Mama products. You don't want to miss this! [Head on over now and enter!](#)

## 2. Free Homeschool Language Arts Program to Download!

The Good & Beautiful is a full language arts and literature curriculum based on living books. I shared about this before, but thought I'd mention it again, especially because the Grade 3 curriculum is now available to download. She is working on the higher grades and will

have those available as she gets them done, but for now you can download the complete K-Grade 3 sets for free! [Go check out Good & Beautiful today!](#)

### **3. Get a summary of the current news daily delivered to your Inbox!**

I wanted to share a little tool I found out about this week and just signed up for. It is called The Skimm and it is a daily email that is sent out that summarizes the most current world news events. Please keep in mind this is not from a Christian perspective, so you may need to pick and choose what to read. But I have found it to be a great resource to keep updated on what is going on in the world. Just [go to The Skimm website](#) to sign up today!

### **4. Check out this social media tool to make your life easier!**

I first heard about IFTTT a few months ago but never really looked into it. But recently I was looking for a way to post my Facebook updates to my Twitter account. Guess what? IFTTT was the answer! You really just have to go check it out to see all that is available. There are "recipes" that are set up to do certain things -- "If this, then that" type of thing. If this sounds interesting to you, [hop on over today](#) and give it a try!

### **5. The Christmas Cookie Plates Project**

The Christmas Cookie Plates Project is a fun family holiday project! The ebook contains complete instructions on how to make over 30 cookie plates to give away to friends, family, and neighbors. Also included are recipes, shopping lists, planning forms, and more! This project starts the last week of November, so [grab your copy today!](#)

Here are a few more links that go along with this project:

[Christmas Cookie Plates Tips](#)

[Free Christmas Cookie Plates Labels](#)

### **6. What I am reading this week!**

It seems like I have been all over the place with my reading this week! I have read a little out of a bunch of books -- I so need to quit that! I always get too many books going and then can't stay focused to finish them. So, this week I am working on finishing up the *Trim Healthy Mama Plan* and *Trim Healthy Mama Cookbook* books! I am going to do this! What are you reading this week?

[Click here](#) to see the links to these books and all the other books I am currently reading.

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I hope you have enjoyed this issue of **Intentional Inspirations**. If you want to read previous issues, just click on the header at the top and it will take you to the Intentional Inspirations Archives!

Each Saturday I will continue to bring you valuable content that will help you live intentionally!

Have a wonderful weekend,

*Sheri*

**You can also connect with me here:**

[www.SheriGraham.com](http://www.SheriGraham.com)

[www.SheriGraham.com/intentionalplanner](http://www.SheriGraham.com/intentionalplanner)

[www.12weekholidayplanner.com](http://www.12weekholidayplanner.com)

[www.homeschooling-central.com](http://www.homeschooling-central.com)

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**New on the Blog This Week**

[Click here](#) to receive new blog posts in your email whenever a new post is published on my blog! (Note: You must be an existing newsletter subscriber to be added to this list!)



I posted a new monthly freebie on the site this week! For the month of November, you can download my Homemade Gift Mixes: Sharing Love From Your Kitchen ebook for free! [[Read more here...](#)]



Do you ever feel overwhelmed, defeated, and guilty because you have so much to do, so many things to keep up with, and you just can't seem to get a handle on it all? In this video I want to share a little secret that will give you the boost you need so that your home can run much smoother! [[Read more here...](#)]



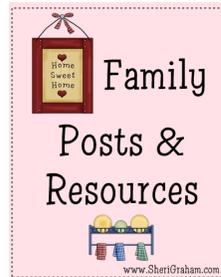
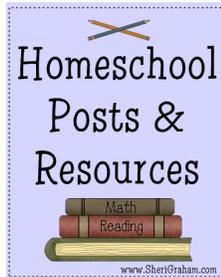
Why does it seem that the older I get the faster these days go by? It can be so easy to sit and wallow in sorrow for days gone by and neglect the moments we have been given. I love this little song by Bill and Gloria Gaither and I thought I'd share it with you. Let's not miss the moments we have today! [[Read more here...](#)]



See my brand new [Video Archive page](#)! I will be linking to all my videos from this page, so be sure to bookmark it!

New videos added every week!

## Quick links just for YOU!



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