

Intentional Inspirations

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November 21, 2015

Dear Friends,

As we head into Thanksgiving week, I want to encourage you to take some quiet time before the Lord to thank Him for your many blessings. No matter what season of life you are in or what circumstances you are facing, we can find peace and joy in Him. Take time to thank Him this week!

I have lots of fun things to share with you in this week's newsletter -- some neat THM resources and lots of family holiday fun!

I know I am looking forward to this coming week, spending time planning out the coming month, and having fun as a family celebrating this most exciting time of year!

Hope you had a good week! Now let's dig into this week's Inspirations!

1. New Trim Healthy Mama Resources!

I have a couple of neat resources to tell you about! One is a brand new book by a THM mom, Gwen Brown, and another is a free download with tons of THM recipe links! Here you go:

Feast by Gwen Brown - Gwen is about to publish her first cookbook! She is a veteran THMer and has been working hard this past week getting this cookbook ready to sell. But what I really wanted to tell you about is that she is running a special pre-sale bundle sale where you can get a whole bundle of goodies for a very low price. This special

sale only runs through midnight Sunday night, so [hop on over to Gwen's site](#) and buy a set today!

215 Healthy THM Meal Ideas by Jen Mason - This is an ebook that was put together by a THM blogger and she is offering it for free when you subscribe to her blog! [Click on over and sign up to receive your copy!](#)

2. Taking time to read a fun Christmas book!

Recently I have been learning how important it is for me to take some time for myself, doing some things that I enjoy. As a homeschool mom, I am pouring out all day and at the end of the day I really do need some time to invest in myself and recharge!

I enjoy working on small crochet projects ([you can see some of them here](#)) and will sometimes sit and crochet in the evenings while the kids play or we watch a movie together.

Another way that I find to recharge is by reading! If you have been following me for long, you know how much I love to read. Well, this time of year is a great time to settle in with a good Christmas book! I just finished up a book that I had on my Kindle called, [The Christmas Tin](#). It was a neat Christmas story and it was just what I needed. I also see that there is a sequel, [The Christmas Tin II](#). I may have to check that out next!

3. Time to begin planning your December!

Next week is our week break from homeschool and I plan on spending some time planning out our December. Our homeschool schedule will look a little different as we will incorporate more informal learning for the month, but my desire is that our days will be full of learning, making memories, and focusing on Jesus.

In my recent video, I share tons of great ideas that you can consider as you prepare for this holiday season with your family. These ideas are for everyone, whether you homeschool or not. [Hop on over and watch the video](#) and check out the list of links I included in the post.

What fun things are you planning to do with your family?

4. Don't forget to download this free ebook!

If you are needing some gift ideas for friends and neighbors, be sure to download my Homemade Gift Mixes ebook (this month's free download!). Making gifts in a jar is a fun way for the whole family to get involved. [Download your copy today!](#)

5. Watch some fun Thanksgiving movies together - for FREE!

A few years ago I put together [this post with some fun Thanksgiving movies](#) that you can watch together as a family. Sometime this next week, have a family movie night. Pop some popcorn and settle in together to enjoy these!

6. What I am reading this week!

As I mentioned above, I read a fun Christmas book this week -- just for fun! I have also started reading *The Excellent Wife* and am continuing to read through Crystal Paine's new book, *Money-Making Mom*.

[Click here](#) to see the links to these books and all the other books I am currently reading.

What are you reading this week?

I hope you have enjoyed this issue of **Intentional Inspirations**. If you want to read previous issues, just click on the header at the top and it will take you to the Intentional Inspirations Archives!

Each Saturday I will continue to bring you valuable content that will help you live intentionally!

Have a wonderful weekend and a blessed Thanksgiving,

Sheri

You can also connect with me here:

www.SheriGraham.com

www.SheriGraham.com/intentionalplanner

www.12weekholidayplanner.com

www.homeschooling-central.com

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New on the Blog This Week

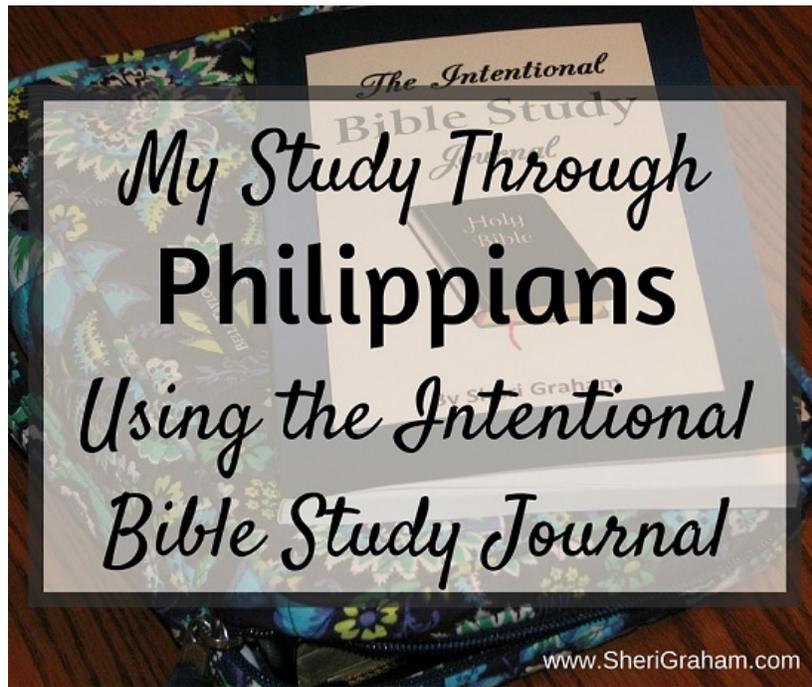
[Click here](#) to receive new blog posts in your email whenever a new post is published on my blog! (Note: You must be an existing newsletter subscriber to be added to this list!)



Are you struggling with planning meals for your family each week? Do you know that you need to get some kind of system in place, but just don't know where to start? Listen in as I share some tips to get you started! [\[Go to blog post...\]](#)

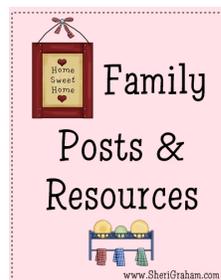


I think one of the most difficult areas that us homeschoolers struggle with, is helping our kids learn the multiplication facts. For some reason, the multiplication facts seem to be the hardest because even though they understand what multiplication is, getting the facts memorized doesn't always come easy. Check out Times Tales -- it is currently on sale at Educents for 33% OFF! [\[Go to blog post...\]](#)



The more I use my Intentional Bible Study Journal the more I like it! I finished up my study through Ephesians and am beginning to read through Philippians. In this post I share my reading schedule if you'd like to join me! [\[Go to blog post...\]](#)

Quick links just for YOU!





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