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Intentional Inspirations

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January 2, 2016

Dear Friends,

Can you believe another new year has started -- 2016 is here!

This year I decided to not go too overboard in my goal setting, but to just choose a few things to work on. In this week's issue, I share a couple of new things I have begun that I am really excited about (see below for all the details)!

We had a wonderful Christmas and are savoring these last few days before all the decorations go away and we return to our normal schedule. We start our homeschool back up on Monday and so I've been doing some planning and preparing this week. Even though I really enjoyed a more laid back December, I am ready for some more structure to our days again.

How about you? Did you have a good Christmas? Were you able to make some fun memories with the family? I hope that this week's newsletter encourages you as you begin the first full week of the new year!

Now let's dig into this week's Inspirations!

1. New monthly freebie added to my site!

It's not only a New Year, but a new month! A brand new freebie has been added to my site for January -- Little Pillows! [Hop on over and](#)

grab your copy today!

2. New Bible Study I Started

While I have been loving studying through books of the Bible [using my Intentional Bible Study Journal](#), I was ready for a little change.

I recently found this amazing Bible study site called [BibleX](#). It is all free too! You sign up for an account, and then you work through the lessons.

There are lessons that will take you all the way through the Bible. I love it! If you have been looking for something to use as a Bible study, check out [BibleX](#)!

3. Start doing some journaling this year!

I have never really gotten into scrapbooking, but I love to write, so when I found this neat site with free monthly journaling prompts, I knew I wanted to give it a try!

[Listers Gotta List](#) is a neat site where you can sign up to receive each month's journaling prompts in your email. They provide the monthly prompts formatted as address labels so you can simply print them out and then stick them in your journal.

You can make your daily lists as plain or pretty as you like. I just bought an inexpensive composition notebook, wrote the date in the outside corner of each page, and then stuck the labels with the prompts for each day at the top of the page. That gives me a whole page to write!

They even have prompts for kids so they can do it along with if you want. [Hop on over now to the Listers Gotta List site and sign up today!](#)

4. 52 Weeks of Praying for Your Family (Free Download)

Proverbial Homemaker has put together an amazing freebie for her subscribers! [Read, Pray, Love](#) is a 52-week plan of praying for your

family. You will find a flexible and easy Bible reading plan, 52 scriptures organized into monthly themes that you pray over your family, and a weekly prayer journal to process your thoughts.

Simply [head on over to Proverbial Homemaker](#) and sign up to receive this freebie!

What a great way to start your year!

5. Need some help with meal planning?

Mom's Bistro has put together [quite a few printable menus, recipes, and grocery lists](#) that you can download for free!

For those of you following Trim Healthy Mama, these recipes are not geared for you, but it still may be fun to look them over to get some ideas and maybe tweak them!

[Go take a look](#) and see if you might find some new recipes to try!

You can also find [all my menu planning resources and posts here!](#)

6. What I am reading this week!

I have had so much fun this past month because I have made more time for reading! I just finished up [Amazing Grace \(Hymns of the West Vol. 3\)](#) and loved it! This book was actually written by a homeschool graduate and she did an amazing job with it. I can't wait to read the other books she has written!

During 2015, I was able to read over 60 books -- [click here to view them all!](#) Maybe you'll find a few new ones to add to your reading list for 2016.

What are you reading this week?

I hope you have enjoyed this issue of **Intentional Inspirations**. If you want to read previous issues, just click on the header at the top and it will take you to the Intentional Inspirations Archives!

Each Saturday I will continue to bring you valuable content that will help you live intentionally!

Have a wonderful weekend,

Sheri

You can also connect with me here:

www.SheriGraham.com

www.SheriGraham.com/intentionalplanner

www.12weekholidayplanner.com

www.homeschooling-central.com

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New on the Blog This Week

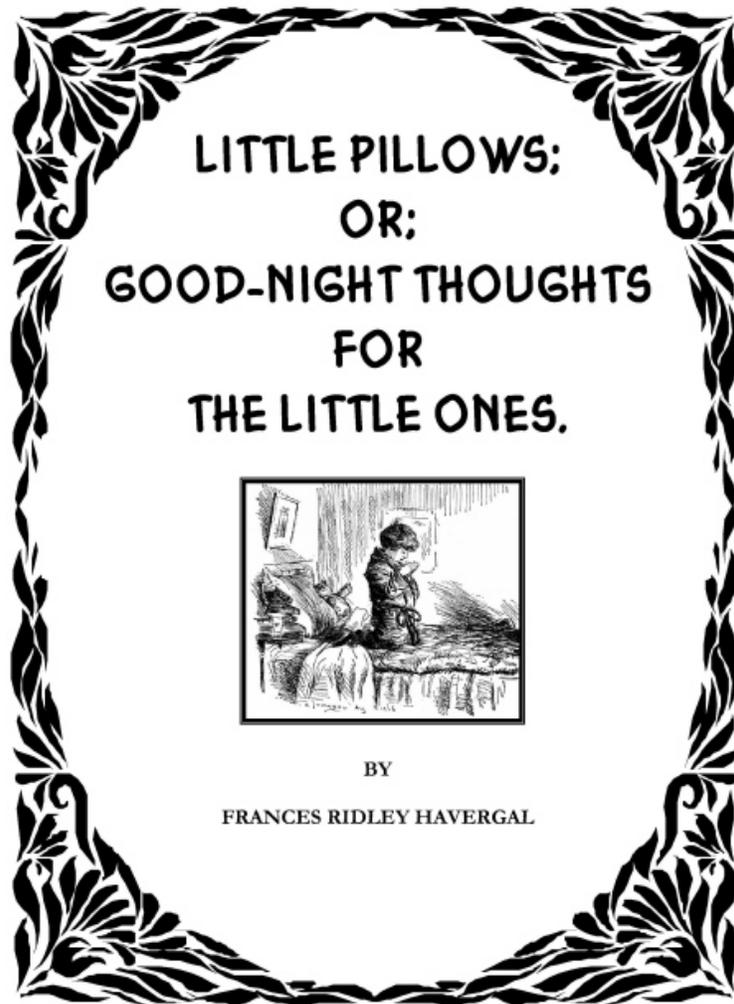
[Click here](#) to receive new blog posts in your email whenever a new post is published on my blog! (Note: You must be an existing newsletter subscriber to be added to this list!)



As the year draws to a close, it is always fun to look back over my posts from the past year and find the ones that were the most popular. I know many of my Trim Healthy Mama posts are very popular, so I decided to share the top 10 of those posts, as well as the top 10 from all the other posts.

I hope you enjoy browsing through some of the best posts from this past year!

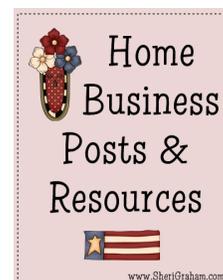
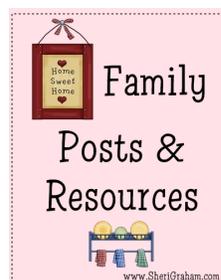
KEEP READING...



I just announced the brand new freebie for this month....

KEEP READING...

Quick links just for YOU!



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