

# Intentional Inspirations

go to the archives >



**January 30, 2016**

Dear Friend,

It seems another week has flown by! I pray that your week has been blessed and you were able to be intentional in making your days special.

The weather has been beautiful here this week (more like Spring) and the kids have enjoyed extended times outside. That is going to change it looks like next week and they are forecasting snow Monday and Tuesday! Yeah! As I shared last week, I am so ready for some real snow!

I have some fun things to share with you this week, so let's get to it!

Now let's dig into this week's Inspirations!

## 1. Sugar-Free Twix Bars (THM Style)

I wanted to share a recipe that I am going to be trying this coming week. It is so easy for me to fall off plan with snacks and I want to have some goodies made ahead for when those times come. [These "Twix" bars](#) might fit the bill (along with my [Fudgy No-Bake Cookies](#) of course)!

## 2. Are you looking for a great resource to use for Catechism and Bible Memory?

This week I was doing some research looking for a good resource to use for Children's Church when I came across this amazing book,

[Children's Bible Handbook](#). This is written by a homeschool mom because she wanted something to use with her children. She has divided up the catechism questions and Bible memory into four levels, so you can have lots to choose from. If you are needing something like to to use with your kids, check out the [Children's Bible Handbook](#)! It may be just what you have been looking for!

### 3. Ever heard of Power of an Hour?

Just this week I was so excited to get in on a live webinar that Donna Goff was hosting where she talked about her [Power of an Hour curriculum](#). It was really interesting because some of what she talked about are things I am already doing. But she has taken this to a whole new level.

Basically, she has put together a full curriculum for you that includes all subjects and can be done in an hour or so a day!

Each week includes: 1-Bible stories 2-Classic read aloud, and 3-Enrichment: art, music, math, science, poetry, history, world geography, US geography, spelling rules, grammar rules, and Beginning Hebrew (Year 1), Anglo-Saxon Roots (Year 2), or Latin Roots (Year 3), beginning Greek/ Greek Roots (Year 4).

She even includes a Sunday bonus which is a Character Theme, Quote, Classic Excerpt, Noble Person of Faith (from history), and Scripture Memory.

Right now Donna is running a special on her Year 1 bundle. I'm not sure how long the special lasts, so if this interests you check it out soon! You can also go to her site and download a free sample week.

[Check out Power of an Hour today!](#)

Be sure to [check out my Homeschool Page](#) on my site that has tons resources for you!

### 4. Spanish Coloring and Activity Books for Your Sponsored Children!

One of things on my to do list this week was writing some [letters to our children we sponsor through Compassion](#). All three children come from Spanish speaking countries, so I have been wanting to find some coloring or activity pages with Bible verses in Spanish to send them.

In my search this week, I came across this really neat series of books that are going to work perfectly! Not only would these be great for sending to sponsored children, but they would also be fun to use if you are learning Spanish in your home.

Here are the links to the books:

[Proverbs](#)

[Psalm 119](#)

[Ephesians 6](#)

If you want to consider sponsoring a child through Compassion, [find out all about it here!](#) We have been a part of Compassion for quite a few years now and it has truly been a blessing to correspond with our children.

## **5. Get Sanity Savers for Moms ebook FREE - Limited Time!**

Right now Kristi Clover is offering her brand new ebook, Sanity Savers for Moms, free to her subscribers. But this is a limited time offer and is only good through February 1, 2016! This is a neat little book where Kristi shares some great tips for moms. [Subscribe to her newsletter list and receive it free today!](#)

## **6. What I am reading this week!**

I am continuing to read through [Simply Tuesday](#) and really enjoying it. There is so much to think about and ponder on, so I am taking it slow.

A brand new book I am looking forward to digging into (once I get it), is Sally Clarkson's new book, [The Lifegiving Home](#). I love all of Sally's books, and this one looks to be another fantastic one!

[Click here](#) to see the links to other books I have read!

What are you reading this week?

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I hope you have enjoyed this issue of **Intentional Inspirations**. If you want to read previous issues, just click on the header at the top and it will take you to the Intentional Inspirations Archives!

Each Saturday I will continue to bring you valuable content that will help you live intentionally!

Have a wonderful weekend,

*Sheri*

**You can also connect with me here:**

[www.SheriGraham.com](http://www.SheriGraham.com)

[www.SheriGraham.com/intentionalplanner](http://www.SheriGraham.com/intentionalplanner)

[www.12weekholidayplanner.com](http://www.12weekholidayplanner.com)

[www.homeschooling-central.com](http://www.homeschooling-central.com)

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## **New on the Blog This Week**

[Click here](#) to receive new blog posts in your email whenever a new post is published on my blog! (Note: You must be an existing newsletter subscriber to be added to this list!)



## How to Use Your Calendar to Jump-Start Your Goals

We are well into the New Year now. How are you doing on your goals? Have you made any progress?

Today I want to share something that has helped me so much to get a jump-start on my goals and begin to make progress.

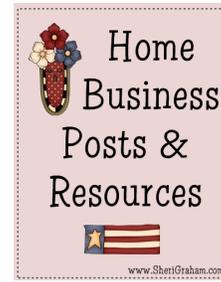
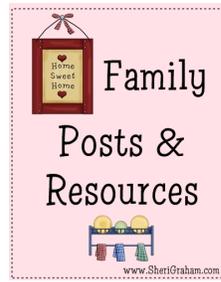
It's easy at the beginning of the year to make our list of goals. But most of us find ourselves well into the new year and have not even started on any of them! I think sometimes that is because we kind of forget about our goals and life happens.

I have found one way to give me the boost and reminder I need to work away at these goals one week at a time — using my calendar!

[READ THE REST HERE](#)

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# Quick links just for YOU!



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