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Intentional Inspirations

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February 6, 2016

Dear Friend,

I thought we were going to finally get a good snow storm at the beginning of this week, but again the storm tracked further north and missed us. I'm beginning to think we are not going to get any real snow here in central Kansas this winter! Oh well...

Can you believe it is February already? The time keeps flying by. We have one more week and then we have a week break from homeschool. I'm looking forward to getting some things done and also having some rest time that week. I really am loving doing our homeschool schedule this way. It has helped me from becoming overwhelmed and it has helped me to stay focused and faithful, knowing that a break week is coming up. If you are struggling in your homeschool, you should give this a try! [Here is a post that explains it in more detail.](#)

Recently we were able to get a new cell phone that has the forward facing camera. So...guess what I am thinking about doing? I am seriously considering hopping on Periscope now. What do you think? What would you like me to talk about if I did? Let me know! More details on that soon ;)!

Have a great week, cherish the moments with your family, and love well!

Now let's dig into this week's Inspirations!

1. Complete THM Menu Plan for February (Free Printables)

I always love to share great resources and sites that will help those who are following Trim Healthy Mama. Well, this week I shared this site on Facebook and decided it needed to be included here as well. Working at Homeschool has put together a complete THM menu plan for February, including printable shopping lists! [Go check it out!](#)

2. Valentine Notes (Free Printable)

As Valentine's Day approaches, I wanted to [share this post](#) that I did several years ago. Print out these free printables and leave them around the house for your husband and kids. They will love it!

3. Sally Clarkson's New Book: The LifeGiving Home

I have been so excited to receive Sally's new book and begin reading it, but I am trying to finish up some other books first! But I couldn't wait to tell you about it though. Sally and her daughter, Sarah, wrote this book together and it speaks about how to make your home a place your family loves to be. They have divided the book by month and give tons of great ideas and inspiration for how to make your home a place of peace, beauty, love, traditions, etc.

You can [buy the book on Amazon](#) in either paperback or Kindle versions.

There is also a guide that goes with it called [The Livegiving Home Experience](#) that guides you through a 12 month journey through the book!

PLUS -- [Listen to this great podcast](#) with Sally and Sarah over at Bold Turquoise!

4. What Is "Having Your Children's Hearts?"

I wanted to share with you [this post by Marilyn Howshall](#). Marilyn has been such a blessing to me over the years and continues to be a source of encouragement. This post she wrote about "Having Your

Children's Hearts" is really good. She is actually going to be writing more on this topic and this post is just the beginning. So [hop on over, read it through](#), and then subscribe so you don't miss the rest!

5. A new book I am using for Bible study!

I have been using my [Intentional Bible Study Journal](#) for quite a while now and I was ready for a little change. Recently someone recommended [The Quiet Time Companion](#) to me so I bought myself a copy. I am loving it!

If you work through the whole book, it will take 2 years and you will have a good overview of the whole Bible. A variety of styles of study are included so it gives you a variety from week to week. If you are looking for something fresh to jumpstart your Bible study time, check out [The Quiet Time Companion](#)!

6. What I am reading this week!

I continue to read my way through [Simply Tuesday](#) and am just taking it slow and letting her words soak in. It seems like I am highlighting something on every page!

Recently Chautona Havig came out with a brand new book -- [Jack](#)-- (the first in a new series) and I couldn't resist. I used my ability to check out a book through the Kindle Lending Library (I get one book a month because I have Prime!) and am almost done with it. It is so good! I love Chautona's books because there are so many spiritual lessons learned while reading. It is so much more than just a good story!

[Click here](#) to see the links to other books I have read!

What are you reading this week?

I hope you have enjoyed this issue of **Intentional Inspirations**. If you want to read previous issues, just click on the header at the top and it will take you to the Intentional Inspirations Archives!

Each Saturday I will continue to bring you valuable content that will help you live intentionally!

Have a wonderful weekend,

Sheri

You can also connect with me here:

www.SheriGraham.com

www.SheriGraham.com/intentionalplanner

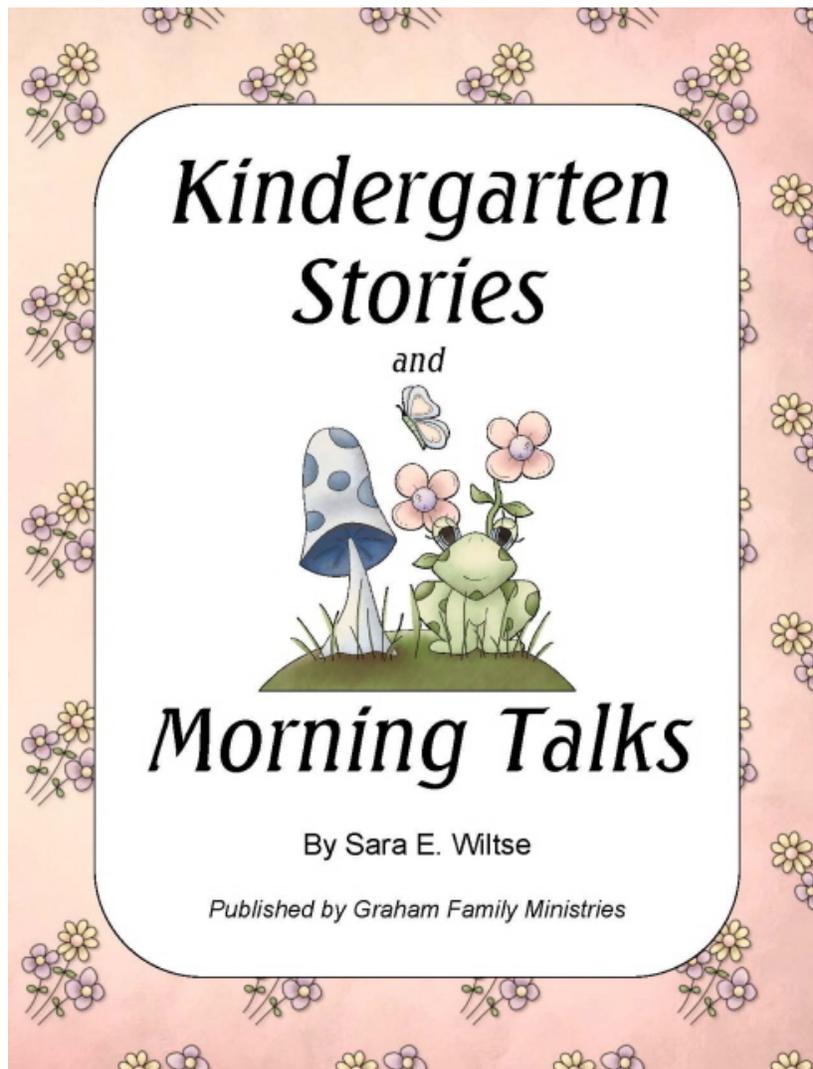
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New on the Blog This Week

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New Freebie Added for February!

I put up a brand new freebie for February -- Kindergarten Stories and Morning Talks. This is a fabulous resource for you to have to read to any of your children. It is filled with a collection of stories to read each week of the year! I love this because you can read selections that are related to the season and month of the year! I hope you enjoy it!

[Continue Reading](#)

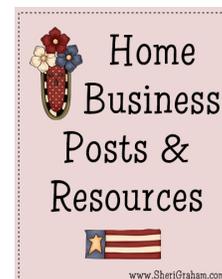
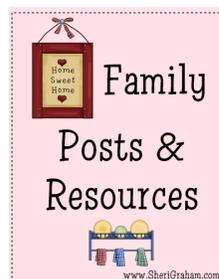


Getting to the Heart of the Matter!

Today I want to share a quote that I read this week in *The Excellent Wife*. It really opened my eyes to an area that I was totally unaware and I pray that it will help you to really evaluate what is at “the heart of the matter”.

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