

# Intentional Inspirations

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**September 5, 2015**

Dear Friends,

How was your week? Did you get a lot accomplished? Did you get some rest? It has been a pretty good week here. Our homeschooling seems to be going pretty smoothly (yeah!), and I am already seeing good progress.

I've been working on getting my "To Do List" organized and adding things to it that need to get done. I kind of do a brain dump and get everything added to the ongoing list. That way I can take from that master list each week and work away at getting things done.

Are any of you on Periscope? If you don't know what it is, it is an app you can download on your phone and record live scopes for others to see. I am getting a great list together of Periscopers that I enjoy watching. Many of them are having their scopes archived so you can replay them whenever you want. I will probably do a blog post soon sharing those links! You will be able to view all their scopes online whether you have the app or not! And just so you know, I have been seriously considering jumping onto Periscope myself, but haven't gotten the nerve yet (grin)! I'll let you know if and when I do.

Now let's dig into this week's Inspirations!

## **1. New Monthly Freebie: Sugar Free with Sheri!**

If you enjoy eating the THM way, download this freebie today! [Sugar-Free with Sheri](#) is an ebook with a bunch of sugar-free recipes from

my site, all nicely formatted and ready to print!

## 2. 2015 Not Back to School Summit (free!)

Home Education Council of America is holding a Not Back to School Summit September 8-26, 2015. They have a huge list of speakers that will be presenting workshops, so if you homeschool, you won't want to miss it! [Click over to their site](#) to see a complete list of all the speakers and workshops.

[Sign up for a free account](#) to access the live workshops for the 2015 Not Back to School Summit! With the free account, you can watch all the workshops live and have 24 hour replay access.

## 3. Mystery Science (free science curriculum for Grades 2-5 - LIMITED TIME)

A wonderful reader emailed me about [this science curriculum](#), so I decided to sign up and check it out. I have not received access to the complete curriculum yet (supposed to get access today sometime), but they did forward to me a couple of lessons to try.

Since we use a lot of video in our homeschool, I was excited to see that the lesson part of the curriculum is presented with video and discussion questions. At the end there are additional learning activities you can do (books and articles to read, experiments, etc.) I do not know if these lessons are coming from a Biblical worldview, so that is something to consider if you decide to give it a try. [Check out Mystery Science today!](#)

## 4. New To Do App I am trying!

I have been using the ToodleDo app on my PC and phone and was pretty happy with it. But when I needed to add an item that I wanted to repeat, I didn't like how it made my To Do List look. It was just too cluttered up. When I read something this week about an app called [TickTick](#), I decided to check it out. So far, I really like it! I can schedule repeat to do items and it doesn't clutter up my list. If you are looking for a To Do app, [give TickTick a try!](#)

## 5. Do you like to doodle?

I needed to remove this entry in my newsletter as this is a paid class and I did not realize it. Sorry for the inconvenience.

## 6. Free Digital Version of Homeschool Enrichment Magazine!

When I have time, I love browsing through homeschool magazines and gleaning ideas and wisdom from others. Homeschool Enrichment is a wonderful magazine and they offer the digital version online for free!

[Check it out here!](#)

The Homeschool Handbook magazine is also offered free in digital format! [You can check that out here!](#)

## 7. What I am reading this week!

This week I finished up reading **Addicted to Busy**. It made me realize how important it is to get true rest. Our society is so fast-paced and always going, going, going. Even if we are home, our minds are so full of information from all the technology that is at our fingertips. I know that since reading this, I am making it more of a priority to take time to really rest, to slow down, and to give my mind a break.

[Click here](#) to see the link to this book and all the other books I am currently reading.

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I hope you have enjoyed this issue of **Intentional Inspirations**. If you want to read previous issues, just click on the header at the top and it will take you to the Intentional Inspirations Archives!

Each Saturday I will continue to bring you valuable content that will help you live intentionally!

Have a wonderful weekend,

# Sheri

You can also connect with me here:

[www.SheriGraham.com](http://www.SheriGraham.com)

[www.SheriGraham.com/intentionalplanner](http://www.SheriGraham.com/intentionalplanner)

[www.12weekholidayplanner.com](http://www.12weekholidayplanner.com)

[www.homeschooling-central.com](http://www.homeschooling-central.com)

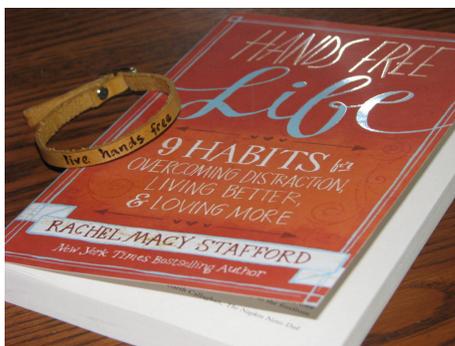
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## New on the Blog This Week

[Click here](#) to receive new blog posts in your email whenever a new post is published on my blog! (Note: You must be an existing newsletter subscriber to be added to this list!)



### Hands Free Life: 9 Habits for Overcoming Distraction, Living Better, & Loving More

In this post I share all about Rachel Stafford's new book, Hands Free Life and how you can pre-order your own copy today! [\[Read Post...\]](#)



### Mommy's Apron {New Site for Homemakers!}

My friend, RaShell, launched her brand new website, Mommy's Apron, this week! Read all about it! [\[Read](#)

[Post...\]](#)



## New Monthly Freebie: Sugar-Free with Sheri

Since it is a new month, I changed up the freebie! This month you can download my ebook, Sugar-Free with Sheri for free! [\[Read Post...\]](#)



## New Novel From Christian Author Jason McIntire – “Flight School: One Summer, Many Choices” + Giveaway!

I love all the books by Elisha Press, and this week they released a brand new one -- Flight School! Read all about it in this post. [\[Read Post...\]](#)

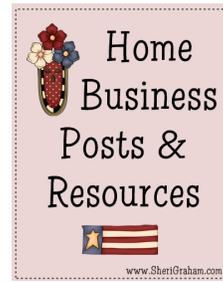
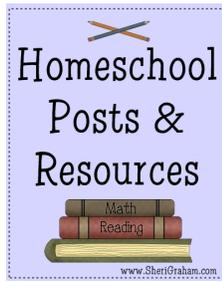


## Planning for the holidays {and a free Week 1 excerpt from The Holiday Planner!}

Can you believe it is time to begin thinking about Christmas? It won't be long and it will be time to start holiday planning with The Holiday Planner. Download Week 1 for free so you can see what it is like! [\[Read Post...\]](#)

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