

# Intentional Inspirations

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**September 12, 2015**

Dear Friends,

How has your week been? I have spent some time this week refining my daily and weekly schedule. Mystie Winckler has been inspiring me with her organization tips (check out the link to her Periscopes in my post below!) and I've made some major changes to how I handle my schedule and to do lists.

So far it is working great and I will continue to adjust and change as I go along to get it just how I like it. I think I may do a post soon about how I have it all set up and how it is working. It may give you some new ideas to try.

I pray that these newsletters bless you and provide some nuggets that you can take and use. My desire is to encourage you and spur you on to be intentional in all you do! If you have any questions relating to homeschooling, homemaking, or home business, just reply to this email and let me know. I will gladly address those questions in upcoming newsletters.

Now let's dig into this week's Inspirations!

## **1. Do you need some help in developing habits?**

Take a look at this [Tiny Habits email course](#)! You sign up for a one-week course. From what I can tell, the course starts out with a video, then he sends you an email every day and you have to reply (or you are supposed to). This is how you keep yourself accountable to work

on your habit. Someone recommended it and it really looks interesting. You may want to [check it out](#) if you are wanting to work on developing some good habits!

## 2. Grab this free ebook full of scriptures to pray over your children!

We can never underestimate the power of prayer! [Sign up for the "30 Days of Raising Boys" series](#) and receive The Big Book of Scriptures to Pray Over Your Children ebook free! Expires 10/30/15.

## 3. Is your Inbox too full?

I love to subscribe to my favorite blogs and newsletters, but sometimes the amount of emails I get can be overwhelming! Enter -- [Unroll.me!](#)

Sign up at [Unroll.me](#) with your email address and it will search and find all the emails you are subscribed to. Once the list is populated, you can go through and unsubscribe easily if you want, or add the email subscription to your Rollup. Your Rollup is a daily email you will receive with everything rolled into one email. Every email subscription you add to your Rollup will come to you daily in one email! I am loving it! It really helps not having a bunch of emails to wade through. I can open up my Rollup email each day, click on the emails I want to read, then delete the one email. Done. [Give it a try!](#)

## 4. Free Online Charlotte Mason e-Magazine!

If you love the Charlotte Mason approach to homeschooling, you have to check out this free online magazine! It is filled with articles to read on topics related to the Charlotte Mason method. [Click here to subscribe!](#)

## 5. Free Bible Study ebook on Charlotte Mason's motto!

Check out this free eBook, I Am, I Can, I Ought, I Will: Charlotte Mason's Motto Explained for Upper Elementary Students. This book is a Biblical study of the underpinning ideas found in Charlotte Mason's

motto! [Click here to grab your copy!](#)

For more free resources and ebook on the Charlotte Mason method, [check out Simply Charlotte Mason!](#)

## 6. Have you heard of Prager University?

[Prager University](#) is a totally free site where you can watch short 5-minute videos on all sort of topics: history, political science, religion/philosophy, economics, and more! These would be great for the whole family to watch, whether you homeschool or not!

## 7. Want to make science fun in your homeschool?

I recently found [The Homeschool Scientist](#) and absolutely love her site. She has tons of great science activities to do with your kids. She also publishes a science calendar each month with a little science activity for each day! [Click here](#) to download the free September science calendar!

## 8. What I am reading this week!

I haven't done a ton of reading this past week, but one of the books I am going to read this coming week is a brand new one by Julie Bogart of Brave Writer. It is called [A Gracious Space: Fall Edition](#). It looks so encouraging and I can't wait to start it!

[Click here](#) to see the link to this book and all the other books I am currently reading.

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I hope you have enjoyed this issue of **Intentional Inspirations**. If you want to read previous issues, just click on the header at the top and it will take you to the Intentional Inspirations Archives!

Each Saturday I will continue to bring you valuable content that will help you live intentionally!

Have a wonderful weekend,

# Sheri

**You can also connect with me here:**

[www.SheriGraham.com](http://www.SheriGraham.com)

[www.SheriGraham.com/intentionalplanner](http://www.SheriGraham.com/intentionalplanner)

[www.12weekholidayplanner.com](http://www.12weekholidayplanner.com)

[www.homeschooling-central.com](http://www.homeschooling-central.com)

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## New on the Blog This Week

[Click here](#) to receive new blog posts in your email whenever a new post is published on my blog! (Note: You must be an existing newsletter subscriber to be added to this list!)



Take a look at this list of THM friendly menu plans from around the web! It is too easy to get into ruts, so having some menu plans that others have put together is a huge blessing.

[\[Read post...\]](#)



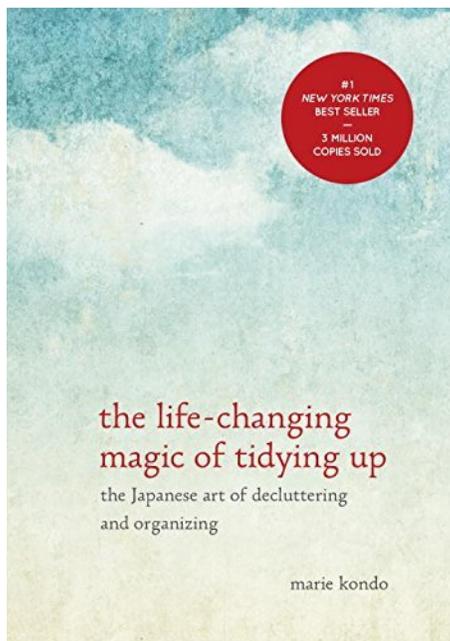
This huge healthy living bundle is still on sale and is filled with tons of great resources to help you improve your health. I am excited to learn more about essentials (I get some free essential oils as a bonus with this bundle!)

[\[Read post...\]](#)



Lately I have really been enjoying Periscope. I have found quite a few that I love watching and wanted to share my list of favorite Periscopes with you. You can watch the archived scopes online for free!

[\[Read post...\]](#)

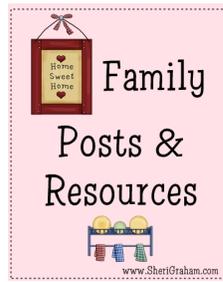
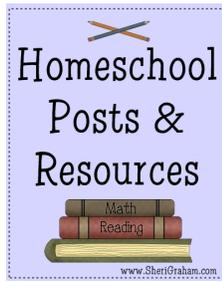


Lots of people are talking about this book recently, so I decided to do a post about it. You can listen to the audiobook on Youtube (embedded in the post). Crystal over at Money Saving Mom has been doing a series this past week on this book, and she shared that although there were some "strange" sections, there were still many great tips that can be gleaned from the book."

[\[Read post...\]](#)

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