

Intentional Inspirations

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September 19, 2015



Dear Friends,

How has your week been? It has been a fun week here. I've been implementing a new scheduling system to keep me focused and on track and so far it is working great! I'll have to do a blog post about it soon.

My new Trim Healthy Mama books came this week, so I've been having fun reading through them and finding some new recipes to try. Be sure to check out the special giveaway below -- I'm giving away my old THM book!

We have one more week of homeschool and then we take a week off. I started something new -- interval planning. I am planning our schedule in 6 week chunks. Not only do I schedule our school work, but also any projects I want to do. I love it and I'm getting so much more done!

Well, I better close for now and get on to the "inspirations" for this week. May each of you have a great week!

Now let's dig into this week's Inspirations!

1. I got my new Trim Healthy Mama books + a Giveaway for my readers only!

I was so excited to get my [brand new Trim Healthy Mama books](#) this week! Yeah! The cookbook is beautiful and I can't wait to try some of the new recipes.

Now I have something FUN just for my readers! **Since I no longer really need my old THM book, I am going to be giving it away to one of you!** Here is the scoop: To enter the giveaway, [hop on over to this post](#) that I created for my readers only. Enter this password to access the post: **trimhealthyfun**

To enter the giveaway, just leave a comment on that post! The giveaway will end next Saturday at midnight, and I will draw the winner on Sunday. (Please note that I can only choose a winner from the US, as shipping costs are too much to ship overseas.)

I want to bless one of you with a book if you have been wanting to take a look at Trim Healthy Mama but couldn't afford to get a book. Enter now!

2. How to easily save blog posts or websites to read and look at later!

I want to let you in on a little secret! Do you have times when you come across a blog post and you want to read it but don't have time at the moment? Or you found a really neat website, or book, or resource, or whatever, that you want to look at later?

I use Pocket to save all these links so I can pull them up later on my Kindle and read them. All you have to do is go to the Pocket website, create an account, download the browser app, and start to use it! When you have a blog post or other page you want to come back to later, just click on the Pocket icon in your browser menu bar and it will be saved to your Pocket account!

I like to sit down after dinner is done and the kitchen is cleaned up and have some reading time. I use my Kindle for reading anything online that I saved in my Pocket account. Just download the Pocket app for your Kindle and you can do the same!

[Click here to go to the Pocket website!](#)

3. Sally Clarkson is starting a Momheart Podcast +

See all her workshops that she has for sale!

If you love Sally Clarkson, you are going to be just as excited about this as I am! Sally posted her very first podcast this past week and from what I hear she has plans for more. [Click here to listen to Sally's first podcast!](#)

Over the years I have really enjoyed all of Sally's online workshops. Well, now she has them all in one place where you can easily purchase them! [See all Sally's workshops here!](#)

4. Start planning for the holidays with the 12-Week Holiday Planner!

It is hard to believe that it is time to begin thinking of the holidays. Years ago I published the 12-Week Holiday Planner so that beginning October 1 I would have things planned to do each week leading up to Thanksgiving and Christmas. That way I wouldn't be stressed -- I could truly enjoy the holidays with my family!

[Click here](#) if you are interested in checking out the Holiday Planner. [Download Week 1](#) of the Holiday Planner for free!

[Click here](#) to see my Countdown to Christmas blog series where I blog through the planner!

Need some gift ideas? [Check out my Homemade for the Holidays blog series!](#)

5. Is your heart heavy too, with the refugee crisis in the Middle East?

Sometimes when the troubles of this world are so great, it seems like there is nothing that we can do to help. [Check out this great post](#) filled with practical ways we can help!

6. What I am reading this week!

Besides continuing to read *A Confident Heart* each week, this week I began a couple new books -- *A Forgotten Truth* and *A Gracious Space*. I've been reading through my new THM books this week, so haven't spent as much time reading other books. I did finish up a couple of

books in our read-aloud time with the kids though!

[Click here](#) to see the links to these books and all the other books I am currently reading.

I hope you have enjoyed this issue of **Intentional Inspirations**. If you want to read previous issues, just click on the header at the top and it will take you to the Intentional Inspirations Archives!

Each Saturday I will continue to bring you valuable content that will help you live intentionally!

Have a wonderful weekend,



You can also connect with me here:

www.SheriGraham.com

www.SheriGraham.com/intentionalplanner

www.12weekholidayplanner.com

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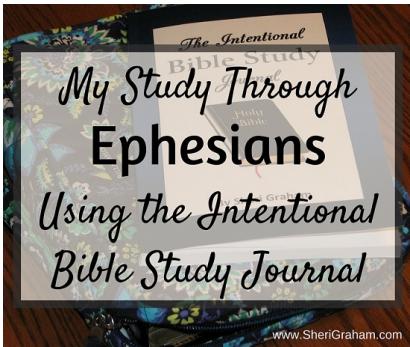
I had a faithful reader contact me about trying to make a 2-quart jar cozy that would fit over a 2-quart jar. Some of the THM drinks make a huge batch that fits in a 2-quart jar and she was wanting a cozy to use on that sized jar. So — I made one!

[\[Read post...\]](#)



I wanted to share a video with you that I found Julie Bogart's site (Bravewriter) and it was just excellent! Julie shares about how you can make your homeschool thrive! You will come away challenged and encouraged.

[\[Read post...\]](#)



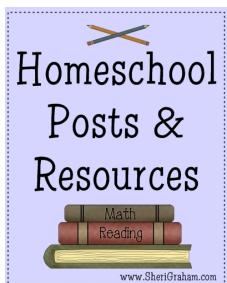
I finished up studying through Galatians and am now starting Ephesians. In this post I share my schedule to read and study through Ephesians.

[\[Read post...\]](#)

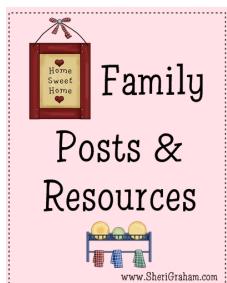
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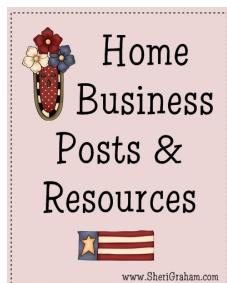
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